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Tuesday 22 September 2026

Hello Yellow Day

Dear families,

On Friday 9 October 2026, we will be celebrating World Mental Health Day. Our school is proud to be taking part in the YoungMinds #HelloYellow campaign, which raises awareness of young people's mental health and reminds children that they are not alone.

To mark the day, children are invited to wear something yellow. This could be an item of yellow clothing or simply a small yellow accessory. Please don't feel that you need to purchase anything new. If your child doesn't have anything yellow, they are very welcome to wear something that simply makes them feel happy instead.

During the afternoon, pupils will take part in themed lessons and activities focusing on mindfulness, mental health and well-being. We will encourage children to think about positive and practical ways they can look after their own mental health and well-being.

<https://fundraise.youngminds.org.uk/fundraisers/TheTrentsideFederation>

Thank you, as always, for your continued support.

Kind regards,

Mrs H Benham & Mrs P Morris
PSHE Leads